



## **Down Syndrome International Swimming Organisation**



## **5th World Championship and International Competition**

**Taipei  
Taiwan  
1st October to 8<sup>th</sup> October 2010**

**DELEGATIONS PACK**

## INVITATION TO

### DSISO 5<sup>th</sup> World Swimming Championships and International Swimming Competition 1st October to 8<sup>th</sup> October 2010

Taipei City-TAIWAN, September 2009

Dear Swim Friends,

The Organizing Committee supported by TIDSA-Taiwan International Disabilities Swimming Association and DSISO – Down Syndrome International Swimming Organisation have the pleasure to cordially invite you to the **5<sup>th</sup> DSISO World Swimming Championships** and **DSISO International Swimming Competition** to be held at **Taipei City –Taiwan next 1<sup>st</sup> October to 8<sup>th</sup> October 2010**.

We hope you will appreciate the hospitality & culture of our country.

We would be grateful for your confirmation and participation.

We need your response soon, so please send us your **intent of participation before 31<sup>st</sup> March 2010**.

We are looking forward to seeing you in Taipei, Taiwan next year

Best Regards,

Jack Lin  
TIDSA-President

INTENTION OF PARTICIPATION			
Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Country	_____	Total Swimmers Male	<input type="text"/>
		Female	<input type="text"/>
		Staff Male	<input type="text"/>
		Female	<input type="text"/>
Contact (Name / Address / email / phone number)	NAME _____		
ADDRESS	_____		
	_____		
TELEPHONE	_____	EMAIL	_____
	_____		
	_____		

**CONTACT INFORMATION:**

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## ENTRY PACK

1. **ORGANIZATION**  
TIDSA-Taiwan International Disabilities Swimming Association
  
2. **ON BEHALF OF**  
DSISO – Down Syndrome International Swimming Organisation
  
3. **TECHNICAL SUPPORT**  
Executive Yuan-Sports Affairs Council  
TIDSA-Taiwan International Disabilities Swimming Association
  
4. **SUPPORTED BY**  
Executive Yuan-Sports Affairs Council
  
5. **DATE**  
1st October~8<sup>th</sup> October 2010
  
6. **VENUE**



Taipei City, Taiwan is the largest and capital city of Taiwan. It is one of the biggest cities in the world with a population of 2,616,520

**7. AIRLINES**

The Taiwan Taoyuan International Airport is located in Taoyuan County and is approximately a 40 minute drive to Taipei City.

The Organising Committee will provide transportation to and from Taiwan Taoyuan International Airport to Taipei City

**8. SPORTS COMPETITION FACILITIES**

University Natatorium-National Taiwan Normal University  
Split 25m 8 lane Championship Pool with electronic timing  
25m warm-up and swim down facility  
Transportation to and from the accommodation is included

**9. ACCOMMODATION**

Chientan Overseas Youth Activity Center is situated on the west bank of the Keelung River, occupying an area of 50,000 square meters. This facility is by far the largest of all activity centers owned by China Youth Corps. and has three major areas: meeting, teaching and recreational. What we offer here include dining facilities accommodating up to 1,000 people, an auditorium for 800 audiences, a conference room for 300 people, a banquet room for 200 people, a lecture auditorium for 175 people as well as 40 other meeting rooms

Each room is equipped with a full bathroom, cable TV, Telephone, individually-controlled air conditioning.

The activity center features a internet café, ATM machine, gated security, convenience store, and recreation room.

Rooms vary in size from single to four bedroom rooms

**Extra nights** are available prior to the event **\$ 115.00USD** per person per night (include continental breakfast, lunch and dinner)

**10. PROVISIONAL SCHEDULED PROGRAM FOR THE WEEK**

<b>Date</b>	<b>Activity</b>	<b>Time</b>	<b>Venue</b>
<b>1<sup>st</sup> Oct. Friday</b>	Arrival/Registration	During the day	Taiwan Taoyuan International Airport
	Head of Delegation (Managers) meeting	21:00	Chientan Activity Center
<b>2<sup>nd</sup> Oct. Saturday</b>	Technical (Coaches) Meeting	08:30 – 10:00	Chientan Activity Center
	Training (sessions TBD)	10:00 – 13:00 14:00 – 17:00	Shilin Sports Center Beitou Sports Center
	TIDSA Welcome Dinner	18:30	TBA
<b>3<sup>rd</sup> Oct. Sunday</b>	Warm - Up	08:30 – 09:25	NTNU Swimming Pool
	International Competition	09:30 – 12:30 14:30 – 16:00	NTNU Swimming Pool
	Opening Ceremony	17:15 – 17:45	NTNU Swimming Pool
	World Championship Finals	18:00 – 19:30	NTNU Swimming Pool
<b>4<sup>th</sup> Oct. Monday</b>	Warm - Up	08:30 – 09:25	NTNU Swimming Pool
	International Competition	09:30 – 12:30 14:30 – 17:00	NTNU Swimming Pool
	World Championship Finals	18:00 – 19:30	NTNU Swimming Pool
	DSISO Swimming Assembly	21:00	Chientan Activity Center
<b>5<sup>th</sup> Oct. Tuesday</b>	<b>Free Day</b>	<b>Social Program</b>	<b>To define</b>
<b>6<sup>th</sup> Oct. Wednesday</b>	Warm - Up	08:30 – 09:25	NTNU Swimming Pool
	International Competition	09:30 – 12:30 14:30 – 17:00	NTNU Swimming Pool
	World Championship Finals	18:00 – 19:30	NTNU Swimming Pool
<b>7<sup>th</sup> Oct. Thursday</b>	Warm - Up	08:30 – 09:25	NTNU Swimming Pool
	International Competition	09:30 – 12:30 14:30 – 17:00	NTNU Swimming Pool
	World Championship Finals	18:00 – 19:00	NTNU Swimming Pool
	Closing Ceremony	19:15	NTNU Swimming Pool
	Gala Dinner Disco Party	21:00	Will be announced
<b>8<sup>th</sup> Oct. Friday</b>	Departure	During the day	Taiwan Taoyuan International Airport

## 11. INFORMATION ABOUT THE AREA

### Taipei, Taiwan

Elevation: 20 feet Latitude: 25 04N Longitude: 121 32E



#### Average Temperature

Years on Record: 21

	YEAR	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
°F	73	61	61	65	71	77	82	85	85	81	76	69	63

#### Average High Temperature

Years on Record: 21

	YEAR	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
°F	79	66	66	70	77	82	88	92	90	87	80	74	68

#### Average Low Temperature

Years on Record: 21

	YEAR	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
°F	67	55	56	59	65	71	76	78	78	75	70	64	58

#### Hospitals and Pharmacies

There are many major hospitals near by the accommodation as well as the swimming venue. 24 hour medical service will be provided at all facilities. This will be arranged with the accommodation staff, and medical provision will be on site in case of an emergency. Pharmacies are all over city and are highly accessible, pharmacies also run on a 24 hour basis.

#### Extra Cars /Taxi's

Extra cars can be provided if needed in Taiwan, we have international car rental companies such as Hertz, and enterprise. Upon request a car may be rented to coach or a countries delegation. Taxicabs in Taipei operate on a full 24-hour basis, and are very accessible

#### Banks

Open Mondays to Saturdays 10:00 – 14:00;  
ATMs run on a 24 hour basis and may be located at the hotel or at any convenience store. The maximum withdraw from an ATM is \$20,000NT.

When using Travellers or other cheques you have to show your passport.  
Travellers checks may be exchanged at many bank in Taipei during service hours

#### Insurance

Travel Insurance may be purchased in Taipei, but we advise all countries to make insurance arrangements prior to arrive in Taipei

#### Electricity

110-120 Volts (Same as the United States, or Canada)

#### Telephone

International Telephone cards are readily available and may be purchased at local convenient stores such as 7-11, Family Mart, Hi-Life, or Welcome supermarkets. Cell Phones may also be rented, phone kiosks would be located at the Airport or at local telephone companies

#### MRT

The MRT (Metro Rapid Transit) is a subway system in Taipei. It is very clean and extremely safe, and takes you to about everywhere in Taipei City. Each ticket price ranges from the distance you go costing from (\$20NT~\$50NT).

[http://en.wikipedia.org/wiki/Taipei\\_Rapid\\_Transit\\_System](http://en.wikipedia.org/wiki/Taipei_Rapid_Transit_System)

**12. ENTRY FEE for the WHOLE PACKAGE**

115 USD per person/day, including accommodation, full board, local transports, social programme;

30% must be paid at the latest by 31st May 2010

The remained 70% must be paid at the latest by 30<sup>th</sup> August 2010

These payments are essential if entries are to be accepted.

**13. DSISO CAPITATION FEE**

The DSISO Capitation Fee will be \$30.00USD per person for all members of the delegation (swimmers, coach and staff)

**14. PAYMENT FORMALITIES**

The Entry Fee must be paid to:

<b>BANK</b>	Taipei Fubon Bank (Datong Branch)
<b>ACCOUNT NAME</b>	Taiwan International Disabilities Swimming Association
<b>ACCOUNT #</b>	380-210-327-018

**15. ORGANISATION AND INFORMATION OFFICE**

TIDSA- Taiwan International Disabilities Swimming Association

Taipei City, Dunhua North Road, Lane 199, #5 3F

Phone: +886 02 2717-0822

Fax : +886 02 2717-0822

Mobile phone: +886 93 789 4470

E-mail: info@taiwanidsa.com

Website: www.taiwanidsa.com

## ENTRY CRITERIA

Entries may be made by Teams (country National Down Syndrome Swimming Organisations) or by Individual athletes NOT travelling or participating as part of a Team. Such individual entries MUST have a letter from the DSISO Country Organisation they are registered in granting permission for an individual entry. Entries from individuals who are the only registered swimmers for that country will be accepted

Athletes and Teams are requested to submit their Entries by e-mail on the Entry Matrix (spreadsheet) provided direct to the Organisers.

The following criteria apply to all athletes.

All Athletes entering the DSISO 5<sup>th</sup> World Championships and International Competition 2010 at Taipei, Taiwan are required to comply with the Entry Criteria as published in DSISO Handbook 2007-2008 Rules BL2 and BL3.

In summary the following is to be noted:

- Athlete is to be registered with DSISO such that the period of Registration INCLUDES the World Championship and International Competition dates (see [www.dsiso.org](http://www.dsiso.org) for details).
- Athletes are to be aged 13 years or over by 31 December 2010
- We advise that no more than 7 individual races and 1 long distance race is entered (800m and 1500m)
- An athlete who enters any 25m event will automatically be excluded from ALL events of 100m or greater except the 100m Individual Medley.
- All Entries MUST be accompanied with a paper (or scanned if e-mail) copy of the Results of the Competition at which the Qualifying Time has been achieved. The Qualifying Time must have been achieved after 1 July 2009.
- *NOTE – Athletes who fail to achieve the relevant Qualifying Time at any stage of the Competition or Championships may be fined by the Organising Committee and barred from further participation until the fine has been paid.*
- 30% of Entry Fee together with the Entry details is to be received by the Organising Committee no later than 31 May 2010
- Remaining 70% of Entry Fee together with DSISO Capitation Fee (30 USD) and the signed Code of Conduct is to be received by the Organising Committee no later than 30 August 2010.
- ALL athletes and staff are required to sign and submit the Code of Conduct.
- Athletes MUST wear their valid DSISO Registration Card at all times during the event, this will be their Accreditation.

## **NOTES FOR TEAM STAFF**

- All Team Staff will require to submit passport sized photographs by 2010 for Accreditation purposes (NOTE – athletes do not require to submit photographs to organisers).
- All Team Staff are required to sign and submit the Code of Conduct
- The local authorities do not allow photography within the pool building – therefore ONLY Press, Media and Official Photography will be permitted.
- Individual points will be based on overall rankings.
- No Team Staff will be permitted beyond the door to the Call-Up Room.
- Where an athlete is considered to require to be accompanied by a member of team staff at all times, or if a medical spotter is required, the Deck Access Form (see [www.dsiso.org](http://www.dsiso.org) – Handbook) is to be submitted to DSISO no later than 30 August 2010. NOTE – If athlete behaviour is deemed to be unacceptable DSISO or the Organisers may bar the athlete from further competition or require a member of team staff to be present at all times.
- All Team Staff will be required to complete the Medical Form which may be found on the DSISO website. This is the same form required for the swimmers and is to give the organisers full medical information in the event of an emergency.

**ENTRY FORM (1)**

<b>COUNTRY or INDIVIDUAL</b>	
<b>NAME (if Individual)</b>	
<b>Contact person</b>	
<b>Position in the team*</b>	
<b>Address</b>	
<b>Postal Code</b>	
<b>Telephone (incl Country Code)</b>	
<b>Fax</b>	
<b>E-mail</b>	

\* **Position in the Team:**

- Head of Delegation • Team Manager • Medical personnel (Doctor / Physiotherapist) • Coach • Escort

<b>ENTRY NUMBERS</b>	<b>MALE</b>	<b>FEMALE</b>	<b>Total</b>
<b>Number of Swimmers</b>			
<b>Number of Team Officials</b>			
<b>Total of Delegation</b>			

**ENTRY FEE**

The 30% of Entry Fee must be paid at the same time as the Entry **no later than 31<sup>st</sup> May 2010** to:

**BANK** Taipei Fubon Bank (Datong Branch)  
**ACCOUNT NAME** Taiwan International Disabilities Swimming Association  
**ACCOUNT #** 380-210-327-018

<b># Persons: ____ x # Days: ____ x Entry Fee (115 USD)= _____</b>	<b>(Amount 1)</b>
<b># Persons: ____ x DSISO Capitation (30 USD) = _____</b>	<b>(Amount 2)</b>
<b>TOTAL DELEGATION PAYMENT (Amount 1 + Amount 2) = _____</b>	<b>Total Amount</b>

Please return this form to TIDSA  
 Before 31<sup>st</sup> May 2010  
 E-mail: [info@taiwanidsa.com](mailto:info@taiwanidsa.com)  
 Fax: +886 2 2717-0822

**ENTRY FORM (2)**

COUNTRY (or name if individual) –

**Complete Excel Spreadsheet Entry Matrix for ALL competing swimmers**  
Swimmers are requested to submit a short (200 words) personal history for use by Press, Media and Announcing Team

**DELEGATION FORM**

#	Family Name	Given Name	Gender	Position In the Team
1				
2				
3				
4				
5				
6				

**Position in the Team:**

- Head of Delegation • Team Manager • Medical personnel (Doctor / Physiotherapist) • Coach • Escort

**SWIMMERS FORM**

#	Family Name	Given Name	Gender	Date of Birth	#DSISO license
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

*If necessary make copies*

**DATE**

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

**SIGNATURE**

\_\_\_\_\_

ARRIVAL / DEPARTURE FORM

CONTACT NAME:

ARRIVAL

	Date	Time	Flight #	Arriving at	Arriving from
<i>Air</i>					
<i>Train</i>					
<i>Road</i>					

DEPARTURE

	Date	Time	Flight #	Departing at	Departing to
<i>Air</i>					
<i>Train</i>					
<i>Road</i>					

DATE

\_\_\_\_/\_\_\_\_/\_\_\_\_

SIGNATURE

\_\_\_\_\_

Please return this form to TIDSA  
Before 31<sup>st</sup> May 2010  
E-mail: [info@taiwanidsa.com](mailto:info@taiwanidsa.com)  
Fax: +886 2 2717-0822

**DSISO Code of Conduct**

This Code of Conduct applies to all athletes, Team Staff, National Swimming Organisation delegates, Organizers, Officials and Volunteers and is to be signed by the appropriate individual.

All athletes, team staff, officials, volunteers and members of organising committees are required to conduct themselves such as not to bring into disrepute the sport, any athlete or other individual or DSISO in any way.

Athletes, Coaches, Team Staff and Team volunteers must respect the rights, dignity and worth of every human being and their ultimate right to self determination. Specifically, all persons registered with DSISO, or attending an event promoted by DSISO as a member of a Team or as an Official or as a Volunteer in any capacity are bound by this DSISO Code of Conduct and must treat everyone equally within the context of their activity, regardless of gender, ethnic origin, religion, disability or political persuasion.

Coaches/Team Staff and athletes shall refrain from public criticism of fellow Coaches / Team Staff and of athletes.

Coaches/Team Staff shall not encourage athletes to violate the Rules of the Sport or the Code of Conduct, and shall actively discourage such action.

Coaches/Team Staff and athletes must treat opponents and officials with due respect both in victory and defeat and shall encourage their athletes to behave in a similar manner.

Coaches/Team Staff and athletes shall not smoke when with or in sight of athletes.  
There shall be a complete No Smoking policy at all events where athletes are present, and at the venue, and in the car park/immediate environs of the venue

Coaches/Team Staff shall not consume alcoholic drinks/beverages so soon before working with athletes that their judgement may be impaired and the smell will still be on their breath. Neither shall they drink off-poolside when remaining as a responsible person in charge of athletes.

Officials, Volunteers and members of the Organising Committees shall not consume alcoholic drinks/beverages so soon before working with athletes that their judgement may be impaired and the smell will still be on their breath.

Unacceptable behaviour by individuals or by teams may result in measures being taken by the Local Organizing Committee and/or the DSISO Executive, including but not limited to withdrawal of venue pass/access privileges and/or disqualification from further competition at the Championship.

Signature ..... Name .....

Team ..... Position .....

Date .....

## Schedule of Events

Sunday - 03 October		
SESSION 1	SESSION 2	SESSION 3
<b>9.30 - 12.30 International</b>	<b>14.30 - 16.30 International</b>	<b>18.00 - 19.30 Worlds</b>
100m Fly W	100m Breast M	100m Fly W
400m Free M	100m Back W	400m Free M
200m IM W	200m Free M	200m IM W
50m Fly M	100m Breast W	50m Fly M
400m Free W	100m Back M	400m Free W
25m Free M	25m Free F	100m Breast M
25m Breast F	25m Breast M	100m Back W
4x100m Free M HDW	4x100m Free W HDW	200m Free M
		100m Breast W
		100m Back M
Monday - 04 October		
SESSION 4	SESSION 5	SESSION 6
<b>9.30 - 12.30 International</b>	<b>14.30 - 17.30 International</b>	<b>18.00 - 19.30 Worlds</b>
25m Back W	4x25 Free HDW	50m Breast M
25m Fly M	50m Breast M	200m Free W
1500m Free W	50m Back W	200m Fly M
800m Free M	200m Fly M	50m Back W
800m Free W	200m Free W	100m Free M
1500m Free M	100m Free M	200m Fly W
4x25 Free HDW	200m Fly W	200m IMM
4x25 Free M HDW	200m IMM	
	4x25 Free M HDW	
Wednesday - 06 October		
SESSION 7	SESSION 8	SESSION 9
<b>9.30 - 12.30 International</b>	<b>14.30 - 17.30 International</b>	<b>18.00 - 19.30 Worlds</b>
100m Free W	400m IMM	100m Free W
200m Back M	200m Breast W	200m Back M
400m IM W	25m Back M	200m Breast W
200m Breast M	25m Fly W	200m Breast M
4x200m Free W HDW	4x100m Medley M HDW	400m IMM
		400m IM W

**Thursday - 07 October**

**SESSION 10**

**9.30 - 12.30 International**

100m IM W  
50m Free M  
50m Fly W  
100m Fly M  
200m Back W  
4x200m Free M HDW

**SESSION 11**

**14.30 - 17.30 International**

50m Breast W  
100m IMM  
50m Free W  
50m Back M  
4x100m Medley WHDW

**SESSION 12**

**18.00 - 19.30 Worlds**

50m Breast W  
50m Free M  
50m Fly W  
100m Fly M  
200m Back W  
50m Back M  
50m Free W